

Medication Assisted Treatment

Readiness Guide



Do you admit that your opioid or alcohol use has become a real problem?

YES

This first step is often the hardest to take. Keep going!

NO

To end your addiction, and find success in M.A.T. you must get honest with yourself.

Are you ready and willing to end your opioid or alcohol abuse?

YES

Great! Keep Going!

NO

M.A.T. may not be the best option for you right now.

Go to thinkmartok.org/treatment to learn how to take the first step.

Call Cherokee Nation Behavioral Health at 539.234.3500 to about your treatment options

That's great! Looks like you know how to Think SMART! If you want Peer Recovery Support go to thinkmartok.org/recovery

YES

Awesome Sauce! Keep Going!

NO

M.A.T. can help you get your life back on track by reducing withdrawal symptoms and drug-seeking behaviors.

Are you inducted into a M.A.T. program?

YES

Have you spoken to a Behavioral Health Professional about your substance use?

NO

No Worries... Let's get you started today.

Go to thinkmartok.org to find a Provider near you. or call Cherokee Nation Behavioral Health at 539.234.3500

